

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>1</p> <p>10:00 Quail Ridge Branch LDS Sacrament Meeting 10:55 Quail Ridge Branch LDS Sunday School 2:00 Sunday Movie Matinee: "Heartland" Series 6:30 Movie Night</p>	<p>2</p> <p>9:15 Chair Aerobics 10:00 Walking club 10:15 Scenic Drive to Slate Canyon 10:30 Downton Abbey Series 1:00-2:00 Handy Work Club 2:00 Resident Council 3:00 Bingo 5-6:00 Annalise Drewes Harp Performance during dinner 6:30 Quail Ridge Branch FHE <small>Labor Day</small></p>	<p>3</p> <p>9:15 Group Exercises with Weights 10:00 Shopping Trip to Lindon Walmart/Dollar Store 2:00 Bingo 3:00 Legacy Lounge (treats, drinks, and games) 6:30 Movie Night <i>Happy Birthday Beth W.!</i></p>	<p>4</p> <p>9:15 Chair Aerobics 10:00 Family Study with Quail Ridge Branch Presidency 11:30 Lunch Bunch: J Dawgs 2:00 Treat Run to Local Fruit Stands 3:00 Bingo Jewel Bag Craft 4:00 Comfort Support Group 6:30 Movie Night</p>	<p>5</p> <p>Doctor's Appointments (Sign up by 2:00pm on Wednesday) 9:15 Group Exercises with Weights 10:00 Basketball Shoot-Out 2:00 Bingo 3:00 Ice Cream Social (Come enjoy some ice cream, play games, and socialize!) 6:30 Movie Night <i>Happy Birthday Alice M.!</i></p>	<p>6</p> <p>9:15 Chair Aerobics 10:00-11:30 Manicures 2:00 Wheel of Fortune (Change in time due to staff meeting) *followed by videos with Bob* 6:30 Movie Night</p>	<p>7</p> <p>9:15 Group Exercise with Weights 10:30 Bingo 2:00 Matinee Movie 3:30 Brain Games 5:00 BYU vs Tennessee Football Game</p>	
<p>8</p> <p>10:00 Quail Ridge Branch LDS Sacrament Meeting 10:55 Quail Ridge Branch LDS Priesthood/Relief Society Services 2:00 Sunday Movie Matinee: "Heartland" Series 6:30 Movie Night <small>Grandparents' Day</small></p>	<p>9</p> <p>9:15 Chair Aerobics 10:00 Walking Club 10:15 Scenic Drive to Spanish Fork Canyon 10:30 Downton Abbey Series 1:00-2:00 Handy Work Club 2:00 Relief Society Social 4:00 Dog Therapy 5-6:00 Annalise Drewes Harp Performance during dinner 6:30 Movie Night <i>Happy Birthday Ray R.!</i></p>	<p>10</p> <p>9:15 Group Exercises with Weights 10:00 Shopping Trip to Smith's 2:00 Bingo 3:00 Legacy Lounge (treats, drinks, and games) 6:30 Movie Night</p>	<p>11</p> <p>9:15 Chair Aerobics 10:00 Family Study with Quail Ridge Branch Presidency 11:30 Lunch Bunch: Maria Bonita 2:00 Daughters of the Utah Pioneers Meeting 3:30 Linda Davidson Interactive Musical Performance 4:00 Comfort Support Group 6:30 Movie Night</p>	<p>12</p> <p>Doctor's Appointments (Sign up by 2:00pm on Wednesday) 9:15 Group Exercises with Weights 10:00 Cooking Activity— Fresh Peach Mini Cheesecakes 2:00 Bingo 3:00 Ice Cream Social (Come enjoy some ice cream, play games, and socialize!) 6:30 Movie Night</p>	<p>13</p> <p>9:15 Chair Aerobics 10:00-11:30 Manicures 2:00 Chinese Moon Festival Celebration (This wonderful celebration is all about giving thanks for nature's abundance with your loved ones! Come enjoy some delicious treats, play fun games and share gratitude with your neighbors!) 3:30 Wheel of Fortune *followed by videos with Bob* 6:30 Movie Night:</p>	<p>14</p> <p>9:15 Group Exercise with Weights 10:30 Bingo 1:30 BYU vs Washington Football Game 6:30 Movie Night</p>	
<p>15</p> <p>10:00 Quail Ridge Branch LDS Sacrament Meeting 10:55 Quail Ridge Branch LDS Sunday School 2:00 Sunday Movie Matinee: "Heartland" Series 6:30 Fawna and Friends Broadway Hits and Dance Performance</p>	<p>16</p> <p>9:15 Chair Aerobics 10:00 Walking Club 10:15 Scenic Drive to Wadley Farms 10:30 Downton Abbey Series 1:00-2:00 Handy Work Club 2:00 Trip to Springville Art Museum to see Quilt Exhibit 5-6:00 Annalise Drewes Harp Performance during dinner 6:30 Quail Ridge Branch FHE</p>	<p>17</p> <p>9:15 Group Exercises with Weights 10:00 Shopping Trip to Walmart in Orem 2:00 Bingo 3:00 Resident Birthday Party at Legacy Lounge (cake, drinks, and games) 6:30 Movie Night <i>Happy Birthday Paul S.!</i></p>	<p>18</p> <p>9:15 Chair Aerobics 10:00 Family Study with Quail Ridge Branch Presidency 11:30 Lunch Bunch: Kneaders 2:00 Handmade Earring Craft 4:00 Comfort Support Group 6:30 Movie Night</p>	<p>19</p> <p>Doctor's Appointments (Sign up by 2:00pm on Wednesday) 9:15 Group Exercises with Weights 10:00 Basketball Shoot-Out 2:00 Bingo 3:00 Louise Payne Autumn and Opera Musical Performance 6:30 Movie Night</p>	<p>20</p> <p>9:15 Chair Aerobics 10:00-11:30 Manicures 2:00 Name that Tune (Join us to listen to your classic favorite songs, relax, and win candy!) 3:30 Wheel of Fortune *followed by videos with Bob* 6:30 Movie Night:</p>	<p>21</p> <p>9:15 Group Exercise with Weights 10:30 Bingo 2:00 Matinee Movie 3:30 Brain Games 6:30 Movie Night BYU vs. Washington Football Game Time TBD <small>Oktoberfest Begins</small></p>	
<p>22</p> <p>10:00 Quail Ridge Branch LDS Sacrament Meeting 10:55 Quail Ridge Branch LDS Priesthood/Relief Society Services 2:00 Sunday Movie Matinee: "Heartland" Series 6:00-8:00 Open House for Myron Thompson's Birthday</p>	<p>23</p> <p><i>Legacy Cruise: Day 1</i> 9:15 Chair Aerobics 10:00 Walking Club 10:15 "Excursion" to Tibble Fork Reservoir 10:30 Downton Abbey Series 1:00-2:00 Handy Work Club 2:00 Cruise Family Feud 3:00 Animal Towel Folding 5-6:00 Annalise Drewes Harp Performance during dinner 6:30 Song's at Sea with Lance Merrell Performance <small>Autumn Begins</small></p>	<p>24</p> <p><i>Legacy Cruise: Day 2</i> 9:15 Group Exercises with Weights 10:00 Shopping "excursion" to Lindon Walmart/Dollar Store 2:00 Cruise Bingo 3:00 Cruise Social at Legacy Lounge (special treats, drinks, and games) 6:30 Polynesian Cultural Dancing Performance</p>	<p>25</p> <p><i>Legacy Cruise: Day 3</i> 9:15 Chair Aerobics 10:00 Family Study with Quail Ridge Branch Presidency 11:30 Lunch Bunch: Red Lobster 2:00 At Sea Magic Show 3:00 Ocean Paint Class with Sage Herbertson 4:00 Comfort Support Group 6:30 Darrell Fairbanks' band, "Legends" Soft Rock, Folk, and Country Musical Performance <i>Happy Birthday Myron T.!</i></p>	<p>26</p> <p><i>Legacy Cruise: Day 4</i> Doctor's Appointments (Sign up by 2:00pm on Wednesday) 9:15 Group Exercises with Weights 10:00 Cooking Activity— Clam Shell Cookies with Buttercream from NuMotion 2:00 Cruise Bingo 3:00 Ice Cream Social Hour (Come enjoy some ice cream, play games, and socialize!) 6:30 Rick and Margie Cowboy Serenade Musical Performance</p>	<p>27</p> <p><i>Legacy Cruise: Day 5</i> 9:15 Chair Aerobics 10:00-11:30 Manicures at the Cruise Spa 2:00 Closing Cruise Social (Come enjoy some delicious snacks and games for our last day "at sea") 3:30 Wheel of Fortune *followed by videos with Bob* 6:30 Cruise Finale with The Mixed Nuts</p>	<p>28</p> <p>9:15 Group Exercise with Weights 10:30 Bingo 2:00 Matinee Movie 3:30 Adult Coloring Therapy 6:30 Movie Night BYU vs. Toledo Football Game Time TBD</p>	
<p>29</p> <p>10:00 Quail Ridge Branch LDS Sacrament Meeting 10:55 Quail Ridge Branch LDS Sunday School 2:00 Sunday Movie Matinee: "Heartland" Series 6:30 Movie Night</p>	<p>30</p> <p>9:15 Chair Aerobics 10:00 Walking Club 10:15 Scenic Drive to Sundance in Provo Canyon 10:30 Downton Abbey Series 1:00-2:00 Handy Work Club 2:00 Shopping Trip to the University Mall 5-6:00 Annalise Drewes Harp Performance during dinner 6:30 Movie Night <small>Rosh Hashanah (first Day)</small></p>	<h1>September 2019</h1> <h2>Assisted Living Calendar for Legacy Village of Provo</h2>					 <p>LEGACY VILLAGE Provo</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>1</p> <p>11:00 LDS Sacrament Meeting In the Cottage 2:00 Trivia Time! Name the Prophets 3:00 Spiritual Movie "The Testaments" (On DVD)</p>	<p>2</p> <p>10:00 Exercise Chair Aerobics 11:00 Name That Tune Guess what's playing 2:00 Movie and Popcorn at the Legacy Theatre "Bedtime Stories" 6:30 Quail Ridge Branch FHE (MPR)</p> <p>Labor Day</p>	<p>3</p> <p>10:00 Exercise Noodle Exercise 11:00 Treat Trivia Famous Landmarks 2:00 Treat Run/ Scenic Drive 7-11 Slurpies/ Hobble Creek Canyon 3:00 National Geographic Film 6:30 Movie Night in the Cottage</p>	<p>4</p> <p><Flu Shot Clinic> 10:00 Exercise Weight Lifting 11:00 Cook it Up! Fresh Peach Mini Cheesecakes 2:30 Ice Cream Social Come Socialize, Listen to Music, and Have some Ice Cream 3:30 White Board Brain Games</p>	<p>5</p> <p>10:00 Exercise Noodle Exercise 11:00 Game Time Basketball Shootout (All Day) A Day At The Legacy Spa Manicures and Hand Massages</p>	<p>6</p> <p>10:00 Exercise Walk Outside Around the Building 11:00 White Board Brain Games 2:00 Afternoon Crafting 3:00 "When Calls the Heart" Series</p>	<p>7</p> <p>10:00 Exercise Workout Video (DVD) 11:00 Saturday Fun Balloon Volleyball 2:00 BINGO 6:30 Movie Night in the Cottage</p>	
<p>8</p> <p>11:00 LDS Sacrament Meeting In the Cottage 2:00 Trivia Time! Name the Prophets 3:00 Spiritual Movie "Christian Mingle" (on Netflix)</p> <p>Grandparents' Day</p>	<p>9</p> <p>10:00 Exercise Chair Aerobics 11:00 Name That Tune Guess what's playing! 11:30 Current Events News Update! 2:30 Sit and Dance with Becky 3:30 Dog Therapy</p>	<p>10</p> <p>10:00 Exercise Noodle Exercise 11:00 Treat Trivia Famous Actors 11:30 Lunch Bunch! R&R Barbeque 3:00 National Geographic Film 6:30 Movie Night in the Cottage</p>	<p>11</p> <p>10:00 Exercise Weight Lifting 11:00 Craft Time! Washi Tape Craft 1:00 Daughters of the Utah Pioneers Meeting (MPR) 3:30 Linda Davidson Interactive Musical Performance (MPR) 4:00 Comfort Support Group</p>	<p>12</p> <p>10:00 Exercise Noodle Exercise 11:00 Game Time Corn Hole (All Day) A Day At The Legacy Spa Manicures and Hand Massages</p>	<p>13</p> <p>10:00 Exercise Walk Outside Around the Building 11:00 White Board Brain Games 2:00 Chinese Moon Festival Celebration (MPR) 3:00 "When Calls the Heart" Series</p> <p>Happy Birthday George C.!</p>	<p>14</p> <p>10:00 Exercise Workout Video (DVD) 11:00 Saturday Fun Table Top Hockey 2:00 BINGO 6:30 Movie Night in the Cottage</p>	
<p>15</p> <p>11:00 LDS Sacrament Meeting In the Cottage 2:00 Trivia Time! Name the Prophets 3:00 Spiritual Movie "Believe" (on Netflix)</p>	<p>16</p> <p>10:00 Exercise Chair Aerobics 11:00 Name That Tune Guess what's playing 2:00 Movie and Popcorn at the Legacy Theatre "State Fair" 6:30 Quail Ridge Branch FHE (MPR)</p>	<p>17</p> <p><Flu Shot Clinic> 10:00 Exercise Noodle Exercise 11:00 Treat Trivia Famous Landmarks 2:00 Treat Run/ Scenic Drive Sodalicious Cookies/ Utah Lake 3:00 National Geographic Film 6:30 Movie Night in the Cottage</p>	<p>18</p> <p>10:00 Exercise Weight Lifting 11:00 Craft Time! Make your own Picture Frame 2:30 Ice Cream Social Come Socialize, Listen to Music, and Have some Ice Cream 3:30 White Board Brain Games</p>	<p>19</p> <p>10:00 Exercise Noodle Exercise 11:00 Game Time Ladder Toss (All Day) A Day At The Legacy Spa Manicures and Hand Massages 3:00 Louise Payne Autumn and Opera Musical Performance (MPR)</p>	<p>20</p> <p>10:00 Exercise Walk Outside Around the Building 11:00 White Board Brain Games 2:00 Outing to BYU Art Museum 3:00 "When Calls the Heart" Series</p> <p>Happy Birthday Chad M. and Dennis!</p>	<p>21</p> <p>10:00 Exercise Workout Video (DVD) 11:00 Saturday Fun Adult Coloring Pages 2:00 BINGO 6:30 Movie Night in the Cottage Happy Birthday Kearn K! Oktoberfest Begins</p>	
<p>22</p> <p>11:00 LDS Sacrament Meeting In the Cottage 2:00 Trivia Time! Name the Prophets 3:00 Spiritual Movie "A Question of Faith" (on Netflix)</p>	<p>23</p> <p>Legacy Cruise: Day 1 10:00 Exercise Chair Aerobics 11:00 Name That Tune Guess what's playing! 11:30 Current Events News Update! 2:30 Sit and Dance with Becky 3:00 Animal Towel Folding (MPR) 6:30 Song's at Sea with Lance Merrell Performance (MPR)</p> <p>Autumn Begins</p>	<p>24</p> <p>Legacy Cruise: Day 2 10:00 Exercise Noodle Exercise 11:00 Trivia Show Watch talents from around the world! 11:30 Lunch Bunch! Cruise Buffet at Chuck a Rama 3:00 Cruise Social at Legacy Lounge (special treats, drinks, and games) MPR</p>	<p>25</p> <p>Legacy Cruise: Day 3 10:00 Exercise Weight Lifting 11:00 Cook it Up! Clam Shell Cookies with Buttercream 2:30 Ice Cream Social and Dance! 4:00 Comfort Support Group 6:30 Darrell Fairbanks' band, "Legends" Soft Rock (MPR)</p>	<p>26</p> <p>Legacy Cruise: Day 4 10:00 Exercise Noodle Exercise 2:00 Game Time Cruise Ship Wheel of Fortune (All Day) A Day At The Cruise Spa Manicures and Hand Massages</p>	<p>27</p> <p>Legacy Cruise: Day 5 10:00 Cruise Excursion Deer Creek Reservoir 11:00 White Board Brain Games 2:00 Corn Hole on the Deck 6:30 Cruise Finale with The Mixed Nuts (MPR)</p>	<p>28</p> <p>10:00 Exercise Workout Video (DVD) 11:00 Saturday Fun Table Top Curling 2:00 BINGO 6:30 Movie Night in the Cottage</p>	
<p>29</p> <p>11:00 LDS Sacrament Meeting In the Cottage 2:00 Trivia Time! Name the Prophets 3:00 Spiritual Movie "A Case for Christ" (on Netflix)</p>	<p>30</p> <p>10:00 Exercise Chair Aerobics 11:00 Name That Tune Guess what's playing 2:00 Movie and Popcorn at the Legacy Theatre "Penelope" 6:30 Quail Ridge Branch FHE (MPR)</p> <p>Rosh Hashanah (first Day)</p>	<h1>September 2019</h1> <h2>Memory Care Calendar for Legacy Village of Provo</h2>					 <p>LEGACY VILLAGE Provo</p>