

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# August 2019

## Memory Care Calendar for Legacy Village of Provo

<p><b>4</b></p> <p><b>11:00 LDS Sacrament Meeting In the Cottage</b>  <b>2:00 Trivia Time!</b> Name the Prophets  <b>3:00 Walking Club</b> Walk around Legacy  <b>4:00 Spiritual Movie</b> "The Best Two Years" (on DVD)</p>	<p><b>5</b></p> <p><b>10:00 Exercise</b> Chair Aerobics  <b>11:00 Name That Tune</b> Guess what's playing  <b>2:00 Movie and Popcorn at the Legacy Theatre</b> "Cheaper by the Dozen"  <b>6:30 Quail Ridge Branch FHE</b> (MPR)</p>	<p><b>6</b></p> <p><b>10:00 Exercise</b> Noodle Exercise  <b>11:00 Treat Trivia</b> Famous Landmarks  <b>2:00 Treat Run/ Scenic Drive</b> McDonald's Milkshakes/ Hobbble Creek Canyon  <b>3:00 National Geographic Film</b> 6:30 Movie Night in the Cottage</p>	<p><b>7</b></p> <p><b>10:00 Exercise</b> Weight Lifting  <b>11:00 Cook it Up!</b> Watermelon Pizza  <b>2:30 Ice Cream Social</b> Come Socialize, Listen to Music, and Have some Ice Cream  <b>3:30 White Board Brain Games</b></p>	<p><b>1</b></p> <p><b>10:00 Exercise</b> Noodle Exercise  <b>11:00 Game Time</b> Basketball Shootout  <b>(All Day) A Day At The Legacy Spa</b> Manicures and Hand Massages  <b>6:30 Rocking Dave Allen 50's Rock and Roll Show (MPR)</b></p>	<p><b>2</b></p> <p><b>10:00 Exercise</b> Walk Outside Around the Building  <b>11:00 White Board Brain Games</b>  <b>2:00 BINGO</b>  <b>3:00 "One Fine Day"</b> A clever romantic comedy with George Clooney and Michelle Pfeifer</p>	<p><b>3</b></p> <p><b>10:00 Exercise</b> Workout Video  <b>11:00 Saturday Fun</b> Balloon Volleyball  <b>2:00 Saturday Craft Time</b> Adult Coloring  <b>6:30 Movie Night in the Cottage</b></p>
<p><b>11</b></p> <p><b>11:00 LDS Sacrament Meeting In the Cottage</b>  <b>2:00 Trivia Time!</b> Name the Prophets  <b>3:00 Walking Club</b> Walk around Legacy  <b>4:00 Spiritual Movie</b> "Hoovey" (on Netflix)</p>	<p><b>12</b></p> <p><b>10:00 Exercise</b> Chair Aerobics  <b>11:00 Name That Tune</b> Guess what's playing!  <b>11:30 Current Events</b> News Update!  <b>2:30 Sit and Dance with Becky</b>  <b>3:30 Dog Therapy</b></p>	<p><b>13</b></p> <p><b>10:00 Exercise</b> Noodle Exercise  <b>11:00 Treat Trivia</b> Famous Actors  <b>11:30 Lunch Bunch!</b> Olive Garden  <b>3:00 National Geographic Film</b> 6:30 Movie Night in the Cottage</p>	<p><b>14</b></p> <p><b>10:00 Exercise</b> Weight Lifting  <b>11:00 Craft Time!</b> Tile Coasters  2:00 Daughters of Utah Pioneers Meeting (MPR)  <b>2:30 Ice Cream Social</b> Come Socialize, Listen to Music, and Have some Ice Cream  4:00 Comfort Support Group</p>	<p><b>8</b></p> <p><b>10:00 Exercise</b> Noodle Exercise  <b>11:00 Game Time</b> Corn Hole  <b>(All Day) A Day At The Legacy Spa</b> Manicures and Hand Massages  Happy Birthday Ann Marie L. and Daniel W.!</p>	<p><b>9</b></p> <p><b>10:00 Morning Drive</b> Take a Short Drive Around Town  <b>11:00 White Board Brain Games</b>  <b>2:00 National Relaxation Day!</b> (Come celebrate by listening to calming music, getting hand massages, and more!)  Happy Birthday Kathleen L.!</p>	<p><b>10</b></p> <p><b>10:00 Exercise</b> Workout Video  <b>11:00 Saturday Fun</b> Table Top Curling  <b>2:00 Saturday Craft Time</b> Word Searches  <b>6:30 Movie Night in the Cottage</b></p>
<p><b>18</b></p> <p><b>11:00 LDS Sacrament Meeting In the Cottage</b>  <b>2:00 Trivia Time!</b> Name the Prophets  <b>3:00 Walking Club</b> Walk around Legacy  <b>4:00 Spiritual Movie</b> "The Work and the Glory" (on DVD)  Happy Birthday Jean W.!</p>	<p><b>19</b></p> <p><b>10:00 Exercise</b> Chair Aerobics  <b>11:00 Name That Tune</b> Guess what's playing  <b>2:00 Movie and Popcorn at the Legacy Theatre</b> "White Fang"  <b>6:30 Quail Ridge Branch FHE</b> (MPR)</p>	<p><b>20</b></p> <p><b>10:00 Exercise</b> Noodle Exercise  <b>11:00 Treat Trivia</b> Famous Landmarks  <b>2:00 Treat Run/ Scenic Drive</b> Snow Cones/ Hare Krishna Temple  <b>3:00 National Geographic Film</b> 6:30 Movie Night in the Cottage</p>	<p><b>21</b></p> <p><b>10:00 Exercise</b> Weight Lifting  <b>11:00 Cook it Up!</b> Cookies n' Cream Popcorn  <b>2:30 Birthday Party</b> Come Celebrate our August Birthdays with Cake and Music!  <b>3:30 White Board Brain Games</b>  4:00 Comfort Support Group</p>	<p><b>15</b></p> <p><b>10:00 Exercise</b> Noodle Exercise  <b>11:00 Game Time</b> Ladder Toss  <b>(All Day) A Day At The Legacy Spa</b> Manicures and Hand Massages  <b>6:30 Alisa Peterson Larsen Vocal Studio Performance</b> (MPR)</p>	<p><b>16</b></p> <p><b>10:00 Exercise</b> Walk Outside Around the Building  <b>11:00 White Board Brain Games</b>  <b>2:00 BINGO</b>  <b>3:00 "The Bucket List"</b> In this comedy with Jack Nichols and Morgan Freeman, two friends have adventures before they kick the bucket!  Happy Birthday Connie L.!</p>	<p><b>17</b></p> <p><b>10:00 Exercise</b> Workout Video  <b>11:00 Saturday Fun</b> Table Top Hockey  <b>2:00 Saturday Brain Games</b> Word Jumbles  <b>6:30 Movie Night in the Cottage</b></p>
<p><b>25</b></p> <p><b>11:00 LDS Sacrament Meeting In the Cottage</b>  <b>2:00 Trivia Time!</b> Name the Prophets  <b>3:00 Walking Club</b> Walk around Legacy  <b>4:00 Spiritual Movie</b> "Lawrence of Arabia" (on DVD)</p>	<p><b>26</b></p> <p><b>10:00 Exercise</b> Chair Aerobics  <b>11:00 Name That Tune</b> Guess what's playing!  <b>11:30 Current Events</b> News Update!  <b>2:30 Sit and Dance with Becky</b>  <b>6:00-8:00 Legacy's Annual Carnival for the Alzheimer's Association!</b></p>	<p><b>27</b></p> <p><b>10:00 Exercise</b> Noodle Exercise  <b>11:00 Treat Trivia</b> Famous Actors  <b>11:30 Lunch Bunch!</b> Marley's Sliders  <b>3:00 National Geographic Film</b> 6:30 Movie Night in the Cottage</p>	<p><b>28</b></p> <p><b>10:00 Exercise</b> Weight Lifting  <b>11:00 Craft Time!</b> Stained Glass Butterfly  <b>2:30 Ice Cream Social</b> Come Socialize, Listen to Music, and Have some Ice Cream  4:00 Comfort Support Group  <b>6:30 Darrell Fairbanks' band, "Legends" Musical Performance</b> (MPR)</p>	<p><b>22</b></p> <p><b>10:00 Exercise</b> Noodle Exercise  <b>11:00 Game Time</b> Basketball Shootout  <b>(All Day) A Day At The Legacy Spa</b> Manicures and Hand Massages</p>	<p><b>23</b></p> <p><b>10:00 Morning Drive</b> Take a Short Drive Around Town  <b>11:00 White Board Brain Games</b>  <b>2:00 National Campfire Day</b> (Come "camping" with us as we eat s'mores and other campfire snacks, share good stories, and listen to music!)</p>	<p><b>24</b></p> <p><b>10:00 Exercise</b> Workout Video  <b>11:00 Saturday Fun</b> Corn Hole  <b>2:00 Saturday Craft Time</b> Making Bookmarks  <b>6:30 Movie Night in the Cottage</b></p>
<p><b>11:00 LDS Sacrament Meeting In the Cottage</b>  <b>2:00 Trivia Time!</b> Name the Prophets  <b>3:00 Walking Club</b> Walk around Legacy  <b>4:00 Spiritual Movie</b> "Lawrence of Arabia" (on DVD)</p>	<p><b>10:00 Exercise</b> Chair Aerobics  <b>11:00 Name That Tune</b> Guess what's playing!  <b>11:30 Current Events</b> News Update!  <b>2:30 Sit and Dance with Becky</b>  <b>6:00-8:00 Legacy's Annual Carnival for the Alzheimer's Association!</b></p>	<p><b>10:00 Exercise</b> Noodle Exercise  <b>11:00 Treat Trivia</b> Famous Actors  <b>11:30 Lunch Bunch!</b> Marley's Sliders  <b>3:00 National Geographic Film</b> 6:30 Movie Night in the Cottage</p>	<p><b>10:00 Exercise</b> Weight Lifting  <b>11:00 Craft Time!</b> Stained Glass Butterfly  <b>2:30 Ice Cream Social</b> Come Socialize, Listen to Music, and Have some Ice Cream  4:00 Comfort Support Group  <b>6:30 Darrell Fairbanks' band, "Legends" Musical Performance</b> (MPR)</p>	<p><b>10:00 Exercise</b> Noodle Exercise  <b>11:00 Game Time</b> Tissue Box Hockey  <b>(All Day) A Day At The Legacy Spa</b> Manicures and Hand Massages</p>	<p><b>10:00 Exercise</b> Walk Outside Around the Building  <b>11:00 White Board Brain Games</b>  <b>2:00 BINGO</b>  <b>3:00 "The Karate Kid"</b> When Daniel is bullied at school, the handyman and Karate Master teaches him to defend himself</p>	<p><b>10:00 Exercise</b> Workout Video  <b>11:00 Saturday Fun</b> Balloon Volleyball  <b>2:00 Saturday Craft Time</b> Making Greeting Cards  <b>6:30 Movie Night in the Cottage</b></p>

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# August 2019

## Assisted Living Calendar for Legacy Village of Provo

<h1>August 2019</h1> <h2>Assisted Living Calendar for Legacy Village of Provo</h2>	<p>1 Doctor's Appointments (Sign up by 2:00pm on Wednesday) 9:15 Group Exercises with Weights <b>10:00 Cooking Activity—Watermelon Pizza for National Watermelon Day</b> 2:00 Bingo <b>3:00 Ice Cream Social</b> (Come enjoy some ice cream, play games, and socialize!) <b>6:30 Rocking Dave Allen 50's Rock and Roll Show</b></p>	<p>2 9:15 Chair Aerobics 10:00-11:30 Manicures <b>2:00 Wheel of Fortune</b> (Change in time due to staff meeting) *followed by videos with Bob* 6:30 Movie Night</p>	<p>3 9:15 Group Exercise with Weights <b>10:30 Bingo</b> <b>2:00 Matinee Movie</b> 3:30 Adult Coloring Therapy 6:30 Movie Night</p>
<p>4 10:00 Quail Ridge Branch LDS Sacrament Meeting 10:55 Quail Ridge Branch LDS Sunday School <b>2:00 Sunday Movie Matinee: "Heartland" Series</b> 6:30 Movie Night</p>	<p>5 9:15 Chair Aerobics 10:00 Walking club <b>10:15 Scenic Drive to Sri Sri Radha Krishna Temple in Spanish Fork</b> <b>10:30 Downton Abbey Series</b> 1:00-2:00 Handy Work Club <b>2:00 Resident Council</b> <b>3:00 Bingo</b> 5-6:00 Annalise Drewes Harp Performance during dinner <b>6:30 Quail Ridge Branch FHE</b></p>	<p>6 9:15 Group Exercises with Weights 10:00 Shopping Trip to Walmart in Orem 2:00 Bingo <b>3:00 Legacy Lounge (treats, drinks, and games)</b> 6:30 Movie Night</p>	<p>7 9:15 Chair Aerobics 10:00 Family Study with Quail Ridge Branch Presidency <b>11:30 Lunch Bunch: Chuck-A-Rama</b> <b>2:00 Treat Run to Taco Amigo for Fresh Peach Shakes</b> <b>3:00 Tissue Paper Painting Craft</b> 4:00 Comfort Support Group 6:30 Movie Night</p>
<p>11 <b>10:00 Stake Conference Broadcast</b> <b>2:00 Sunday Movie Matinee: "Heartland" Series</b> 6:30 Movie Night</p>	<p>12 9:15 Chair Aerobics 10:00 Walking Club <b>10:15 Scenic Drive to Utah Lake</b> <b>10:30 Downton Abbey Series</b> 1:00-2:00 Handy Work Club <b>2:00 Trip to Local Fruit Stands</b> 4:00 Dog Therapy 5-6:00 Annalise Drewes Harp Performance during dinner 6:30 Movie Night</p>	<p>13 9:15 Group Exercises with Weights 10:00 Shopping Trip to Harmons 2:00 Bingo <b>3:00 Legacy Lounge (treats, drinks, and games)</b> 6:30 Movie Night  <i>Happy Birthday Betty C.!</i></p>	<p>14 9:15 Chair Aerobics 10:00 Family Study with Quail Ridge Branch Presidency <b>11:30 Lunch Bunch: Blaze Pizza</b> <b>2:00 Daughters of Utah Pioneers Meeting</b> <b>3:00 Wooden Painted Coaster Craft</b> 4:00 Comfort Support Group 6:30 Movie Night <i>Happy Birthday Vic H.!</i></p>
<p>18 10:00 Quail Ridge Branch LDS Sacrament Meeting 10:55 Quail Ridge Branch LDS Sunday School <b>2:00 Sunday Movie Matinee: "Heartland" Series</b> 6:30 Movie Night</p>	<p>19 9:15 Chair Aerobics 10:00 Walking Club <b>10:15 Scenic Drive to Springville Reservoir</b> <b>10:30 Downton Abbey Series</b> 1:00-2:00 Handy Work Club <b>2:00 Shopping Trip to the University Mall</b> 5-6:00 Annalise Drewes Harp Performance during dinner <b>6:30 Quail Ridge Branch FHE</b></p>	<p>20 9:15 Group Exercises with Weights 10:00 Shopping Trip to Lindon Walmart/Dollar Store 2:00 Bingo <b>3:00 Legacy Lounge (treats, drinks, and games)</b> 6:30 Movie Night</p>	<p>21 9:15 Chair Aerobics 10:00 Family Study with Quail Ridge Branch Presidency <b>11:30 Lunch Bunch: Cracker Barrel</b> <b>2:00 Trip to Local Fruit Stands</b> <b>3:00 Paint Class with Sage Herbertson</b> 4:00 Comfort Support Group 6:30 Movie Night  <i>Happy Birthday Eros F.!</i></p>
<p>25 10:00 Quail Ridge Branch LDS Sacrament Meeting 10:55 Quail Ridge Branch LDS Priesthood/Relief Society Services <b>2:00 Sunday Movie Matinee: "Heartland" Series</b> 6:30 Movie Night</p>	<p>26 9:15 Chair Aerobics 10:00 Walking Club <b>10:15 Scenic Drive to Y Mountain</b> <b>10:30 Downton Abbey Series</b> 1:00-2:00 Handy Work Club 2:00 Matinee Movie  <b>6:00-8:00 Legacy's Annual Carnival for the Alzheimer's Association!</b></p>	<p>27 9:15 Group Exercises with Weights 10:00 Shopping Trip to Walmart in Orem 2:00 Bingo <b>3:00 Resident Birthday Party at Legacy Lounge (cake, drinks, and games)</b> 6:30 Movie Night</p>	<p>28 9:15 Chair Aerobics 10:00 Family Study with Quail Ridge Branch Presidency <b>11:30 Lunch Bunch: Chile's</b> <b>2:00 Trip to Rowley's Red Barn</b> 4:00 Comfort Support Group <b>6:30 Darrell Fairbanks' band, "Legends" Soft Rock, Folk, and Country Musical Performance</b></p>
<p>8 Doctor's Appointments (Sign up by 2:00pm on Wednesday) 9:15 Group Exercises with Weights <b>10:00 Basketball Shoot-Out</b> 2:00 Bingo <b>3:00 Ice Cream Social</b> (Come enjoy some ice cream, play games, and socialize!) 6:30 Movie Night</p>	<p>9 9:15 Chair Aerobics 10:00-11:30 Manicures <b>2:00 National Relaxation Day!</b> (Come celebrate by listening to calming music, getting hand massages, and more!) 3:30 Wheel of Fortune *followed by videos with Bob* 6:30 Movie Night:</p>	<p>10 9:15 Group Exercise with Weights <b>10:30 Bingo</b> <b>2:00 Matinee Movie</b> 3:30 Brain Games <b>5:30 Stake Conference Broadcast</b> <i>Happy Birthday George M.!</i></p>	
<p>15 Doctor's Appointments (Sign up by 2:00pm on Wednesday) 9:15 Group Exercises with Weights <b>10:00 Cooking Activity—Shark Bait Floats</b> 2:00 Bingo <b>3:00 Ice Cream Social</b> (Come enjoy some ice cream, play games, and socialize!) <b>6:30 Alisa Peterson Larsen Vocal Studio Performance</b> <i>Happy Birthday Becky S.!</i></p>	<p>16 9:10 Provo Temple Trip 9:15 Chair Aerobics 10:00-11:30 Manicures <b>2:00 Name that Tune</b> (Join us to listen to your classic favorite songs, relax, and win candy!) 3:30 Wheel of Fortune *followed by videos with Bob* 6:30 Movie Night: <i>Happy Birthday Janice A.!</i></p>	<p>17 9:15 Group Exercise with Weights <b>10:30 Bingo</b> <b>2:00 Matinee Movie</b> 3:30 Adult Coloring Therapy 6:30 Movie Night</p>	
<p>22 Doctor's Appointments (Sign up by 2:00pm on Wednesday) 9:15 Group Exercises with Weights <b>10:00 Basketball Shoot-Out</b> 2:00 Bingo <b>3:00 Ice Cream Social</b> (Come enjoy some ice cream, play games, and socialize!) 6:30 Movie Night  <i>Happy Birthday Eros F.!</i></p>	<p>23 9:10 Provo Temple Trip 9:15 Chair Aerobics 10:00-11:30 Manicures <b>2:00 National Campfire Day</b> (Come "camping" with us as we eat s'mores and other campfire snacks, share good stories, and listen to music!) 3:30 Wheel of Fortune *followed by videos with Bob* 6:30 Movie Night:</p>	<p>24 9:15 Group Exercise with Weights <b>10:30 Bingo</b> <b>2:00 Matinee Movie</b> 3:30 Brain Games 6:30 Movie Night</p>	
<p>29 Doctor's Appointments (Sign up by 2:00pm on Wednesday) 9:15 Group Exercises with Weights <b>10:00 Cooking Activity—Oreo Popcorn</b> <b>1:15 Fix-It Clinic with Jonathan from NuMotion</b> 2:00 Bingo <b>3:00 Ice Cream Social</b> (Come enjoy some ice cream, play games, and socialize!) 6:30 Movie Night</p>	<p>30 9:10 Provo Temple Trip 9:15 Chair Aerobics 10:00-11:30 Manicures <b>2:00 Treat Run to Baskin Robbins</b> 3:30 Wheel of Fortune *followed by videos with Bob* 6:30 Movie Night:</p>	<p>31 9:15 Group Exercise with Weights <b>10:30 Bingo</b> <b>2:00 Matinee Movie</b> 3:30 Adult Coloring Therapy 6:30 Movie Night</p>	