

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2019



Assisted Living Calendar for Legacy Village of Provo

					<p>9:10 Provo Temple Trip 9:15 Chair Aerobics 10:00-11:30 Manicures 2:00 Wheel of Fortune (<i>Change in time due to staff meeting</i>) *followed by videos with Bob* 6:30 Movie Night:</p>	<p>9:15 Group Exercise with Weights 10:30 Bingo 2:00 Matinee Movie 3:30 Brain Games 6:30 Movie Night</p> <p><i>Happy Birthday Ted W.!</i></p>
<p>10:00 Quail Ridge Branch LDS Sacramento Meeting 10:55 Quail Ridge Branch LDS Sunday School 2:00 Sunday Movie Matinee: "Victoria" Series 6:30 Movie Night</p>	<p>9:15 Chair Aerobics 10:15 Scenic Drive 10:30 Downton Abbey Series 1:00-2:00 Handy Work Club 2:00 Resident Council 3:00 Bingo 5-6:00 Annalise Drewes Harp Performance during dinner 6:30 Quail Ridge Branch FHE</p>	<p>9:15 Group Exercises with Weights 10:00 Shopping Trip to Smith's 2:00 Bingo 3:00 Special Mardi Gras Party at Legacy Lounge (treats, drinks, and games) 6:30 Movie Night <i>Happy Birthday Sylvia T.!</i> <small>Mardi Gras</small></p>	<p>9:15 Chair Aerobics 10:00 Family Study with Quail Ridge Branch Presidency 11:30 Lunch Bunch: Brick Oven 2:00 Treat Run to Shirley's Bakery 3:30 Washi Tape Wooden Frames Craft 6:30 Pam Lindquist Country and Folk Musical Performance <i>Happy Birthday Carma A.!</i> <small>Ash Wednesday</small></p>	<p>Doctor's Appointments (Sign up by 2:00pm on Wednesday) 9:15 Group Exercises with Weights 10:00 Filling Easter Eggs (<i>Come help us fill Easter eggs for the big hunt for your families this month!</i>) 2:00 Bingo 3:00 Hot Chocolate Social (<i>Come enjoy some hot chocolate, play games, and socialize!</i>) 6:30 Movie Night</p>	<p>9:10 Provo Temple Trip 9:15 Chair Aerobics 10:00-11:30 Manicures 2:00 Name that Tune (<i>Join us to listen to some of your favorite songs, win candy and relax with your friends!</i>) 3:30 Wheel of Fortune *followed by videos with Bob* 6:30 Movie Night: <i>Happy Birthday Charlotte C.!</i></p>	<p>9:15 Group Exercise with Weights 10:30 Bingo 2:00 Matinee Movie 3:30 Adult Coloring Therapy 6:30 Movie Night</p>
<p><i>*Don't forget about Daylight Savings! Set your clocks an hour forward!*</i> 10:00 Quail Ridge Branch LDS Sacramento Meeting 10:55 Quail Ridge Branch LDS Priesthood/Relief Society Services 2:00 Sunday Movie Matinee: "Victoria" Series 6:30 Movie Night <i>Happy Birthday Emma S.!</i> <small>Daylight Saving Time Begins</small></p>	<p>9:15 Chair Aerobics 10:15 Scenic Drive 10:30 Downton Abbey Series 1:00-2:00 Handy Work Club 2:00 Trip to the UVU Roots of Knowledge Exhibit 4:00 Dog Therapy 5-6:00 Annalise Drewes Harp Performance during dinner 6:30 Movie Night</p>	<p>9:15 Group Exercises with Weights 10:00 Shopping Trip to Walmart in Orem 2:00 Bingo 3:00 Legacy Lounge (treats, drinks, and games) 6:30 Movie Night</p>	<p>9:15 Chair Aerobics 10:00 Family Study with Quail Ridge Branch Presidency 11:30 Lunch Bunch: Red Lobster 2:00 Daughters of Utah Pioneers Meeting 3:30 Shamrock Mason Jars Craft 6:30 Movie Night <i>Happy Birthday Alice L.!</i></p>	<p>Doctor's Appointments (Sign up by 2:00pm on Wednesday) 9:15 Group Exercises with Weights 10:00 Cooking Activity— Leprechaun Floats 2:00 Bingo 3:00 Filling Easter Eggs (<i>Come help us fill Easter eggs for the big hunt for your families this month!</i>) 6:30 Movie Night</p>	<p>9:10 Provo Temple Trip 9:15 Chair Aerobics 10:00-11:30 Manicures 2:00 National Pie (Pi) Day! – (<i>Come enjoy national Pi (3.14) day, one day late, with a variety of your favorite pies!</i>) 3:30 Wheel of Fortune *followed by videos with Bob* 6:30 Movie Night: <i>Happy Birthday Pat P.!</i></p>	<p>9:15 Group Exercise with Weights 10:30 Bingo 2:00 Matinee Movie 3:30 Brain Games 6:30 Movie Night</p>
<p>10:00 Quail Ridge Branch LDS Sacramento Meeting 10:55 Quail Ridge Branch LDS Sunday School 2:00 Sunday Movie Matinee: "Victoria" Series 6:30 Movie Night <small>St. Patrick's Day</small></p>	<p>9:15 Chair Aerobics 10:15 Scenic Drive 10:30 Downton Abbey Series 1:00-2:00 Handy Work Club 2:00 Shopping Trip to University Mall 4:00 Basketball Shoot Out 5-6:00 Annalise Drewes Harp Performance during dinner 6:30 Quail Ridge Branch FHE</p>	<p>9:15 Group Exercises with Weights 10:00 Shopping Trip to Harmons 2:00 Bingo 3:00 Special March Madness Kick-off Party at Legacy Lounge (treats, drinks, and games) 6:30 Movie Night <i>Happy Birthday Kathryn R.!</i></p>	<p>9:15 Chair Aerobics 10:00 Family Study with Quail Ridge Branch Presidency 11:30 Lunch Bunch: Chick-Fil-A 2:00 Greeting Card Craft 3:30 Linda Davidson Musical Performance 6:30 Movie Night <small>Spring Begins</small></p>	<p>Doctor's Appointments (Sign up by 2:00pm on Wednesday) 9:15 Group Exercises with Weights 10:00 Filling Easter Eggs (<i>Come help us fill Easter eggs for the big hunt for your families this month!</i>) 2:00 Bingo 3:00 Louise Payne Opera Musical Performance 6:30 Movie Night <small>Purim</small></p>	<p>9:10 Provo Temple Trip 9:15 Chair Aerobics 10:00-11:30 Manicures 2:00 Earth Day Celebration (<i>Come celebrate the Earth with fruit and vegetables, facts about our planet, games, and videos of the beautiful earth!</i>) 3:30 Wheel of Fortune *followed by videos with Bob* 6:30 Movie Night:</p>	<p>9:15 Group Exercise with Weights 10:30 Bingo 2:00 Matinee Movie 3:30 Adult Coloring Therapy 6:30 Movie Night</p>
<p>10:00 Quail Ridge Branch LDS Sacramento Meeting 10:55 Quail Ridge Branch LDS Priesthood/Relief Society Services 2:00 Sunday Movie Matinee: "Victoria" Series 6:30 Movie Night</p>	<p>9:15 Chair Aerobics 10:15 Scenic Drive (if weather permits) 10:30 Downton Abbey Series 1:00-2:00 Handy Work Club 2:00 Trip to the Puppy Barn for National Puppy Day 5-6:00 Annalise Drewes Harp Performance during dinner 6:30 Movie Night</p>	<p>9:15 Group Exercises with Weights 10:00 Shopping Trip to Lindon Walmart/Dollar Store 2:00 Bingo 3:00 Resident Birthday Party at Legacy Lounge (cake, drinks, and games) 6:30 Movie Night</p>	<p>9:15 Chair Aerobics 10:00 Family Study with Quail Ridge Branch Presidency 11:30 Lunch Bunch: Joes Café 2:00 Treat Run to Baskin Robbins 3:30 Little Wooden Bunnies Craft 6:30 Musical Performance by Darrell Fairbanks <i>Happy Birthday Dave S.!</i></p>	<p>Doctor's Appointments (Sign up by 2:00pm on Wednesday) 9:15 Group Exercises with Weights 10:00 Cooking Activity— Apple Pie Cups 2:00 Bingo 3:00 Filling Easter Eggs (<i>Come help us fill Easter eggs for the big hunt for your families this month!</i>) 6:30 Movie Night</p>	<p>9:10 Provo Temple Trip 9:15 Chair Aerobics 10:00-11:30 Manicures 2:00 National Waffle Day! (<i>Come get some delicious mini waffles and try new toppings!</i>) 3:30 Wheel of Fortune *followed by videos with Bob* 6:30 Movie Night:</p>	<p>9:15 Group Exercise with Weights 10:30 Bingo 2:00 Matinee Movie 3:30 Brain Games 6:30 Movie Night</p>
<p>10:00 Quail Ridge Branch LDS Sacramento Meeting 10:55 Quail Ridge Branch LDS Sunday School 2:00 Sunday Movie Matinee: "Victoria" Series 6:30 Movie Night <i>Happy Birthday Harold R.!</i></p>						



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2019



Memory Care Calendar for Legacy Village of Provo

					<p>10:00 Exercise Walk and Talk 11:00 Let's Play! Bean Bag Toss 2:00 BINGO! 3:00 Game Time! UNO 6:30 Movie Night in the Cottage</p>	<p>10:00 Exercise Workout Video 11:00 Saturday Fun Balloon Volleyball 2:00 Saturday Craft Time Bracelet Making 6:30 Movie Night in the Cottage</p>
<p>11:00 LDS Sacrament Meeting 3 In the Cottage 2:00 Trivia Time! Name the Prophets 3:00 Walking Club Walk around Legacy 4:00 Spiritual Thought and Reflection Come listen to a positive Sunday message</p>	<p>10:00 Exercise 4 Stretch and Balance 11:00 Name That Tune Guess what's playing! 11:30 Current Events What in the world? 2:00 Movie and Popcorn At The Legacy Theater 6:30 Quail Ridge Branch FHE (MPR)</p>	<p>10:00 Exercise 5 Chair Aerobics 11:00 Treat Trivia Famous Landmarks 11:30 Lunch Bunch! Black Bear Diner 3:00 Mardi Gras Party!</p> <p>Mardi Gras</p>	<p>10:00 Exercise 6 Weight Lifting 11:00 Craft Time! Post- It Door Hangers 2:30 Hot Chocolate Social Come Socialize, Listen to Music, and Drink some Hot Chocolate 6:30 Pam Lindquist Country and Folk Musical Performance (MPR)</p> <p>Ash Wednesday</p>	<p>10:00 Exercise 7 Noodle Exercise 11:00 Arts and Crafts Painting (All Day) A Day At The Legacy Spa Manicures and Hand Massages</p>	<p>10:00 Exercise 8 Walk and Talk 11:00 Let's Play! Balloon Volleyball 2:00 BINGO! 3:00 Game Time! Jenga 6:30 Movie Night in the Cottage</p>	<p>10:00 Exercise 9 Workout Video 11:00 Saturday Fun Tissue Box Hockey 2:00 Saturday Craft Time Painting Picture Frames 6:30 Movie Night in the Cottage</p>
<p>11:00 LDS Sacrament Meeting 10 In the Cottage 2:00 Trivia Time! Name the Temple 3:00 Walking Club Walk around Legacy 4:00 Spiritual Thought and Reflection Come listen to a positive Sunday message Daylight Saving Time Begins</p>	<p>10:00 Exercise 11 Stretch and Balance 11:00 Name That Tune Guess what's playing! 11:30 Current Events What in the world? 2:00 Trip to the UVU Roots of Knowledge Exhibit 2:30 Sit and Dance with Becky 6:30 Movie Night in the Cottage</p>	<p>10:00 Exercise 12 Chair Aerobics 11:00 Riddle me This! Try and solve riddles together 2:00 Treat Run/ Scenic Drive Dunford Donuts/ Provo Canyon 3:00 National Geographic Film 6:30 Movie Night in the Cottage Happy Birthday Katie C.!</p>	<p>10:00 Exercise 13 Weight Lifting 11:00 Cook it Up! Leprechaun Floats 2:30 Hot Chocolate Social Come Socialize, Listen to Music, and Drink some Hot Chocolate</p>	<p>10:00 Exercise 14 Noodle Exercise 11:00 Arts and Crafts Yarn Hearts (All Day) A Day At The Legacy Spa Manicures and Hand Massages 3:00 Filling Easter Eggs (Come help us fill Easter eggs for the big hunt for your families this month!)</p>	<p>10:00 Exercise 15 Walk and Talk 11:00 Let's Play! Horse Shoes 2:00 National Pie (Pi) Day! – (Come enjoy national Pi (3.14) day, one day late, with a variety of your favorite pies!) 6:30 Movie Night in the Cottage</p>	<p>10:00 Exercise 16 Workout Video 11:00 Saturday Fun Balloon Volleyball 2:00 Saturday Craft Time Make Greeting Cards 6:30 Movie Night in the Cottage</p>
<p>11:00 LDS Sacrament Meeting 17 In the Cottage 2:00 Trivia Time! Name the Prophets 3:00 Walking Club Walk around Legacy 4:00 Spiritual Thought and Reflection Come listen to a positive Sunday message St. Patrick's Day</p>	<p>10:00 Exercise 18 Stretch and Balance 11:00 Name That Tune Guess what's playing! 11:30 Current Events What in the world? 2:00 Movie and Popcorn At The Legacy Theater 6:30 Quail Ridge Branch FHE (MPR)</p>	<p>10:00 Exercise 19 Chair Aerobics 11:00 Treat Trivia Famous Actors 11:30 Lunch Bunch! Zaxby's Fried Chicken 3:00 March Madness Kick-off Party</p>	<p>10:00 Exercise 20 Weight Lifting 11:00 Craft Time! Button Flower Greeting Card 2:30 Hot Chocolate Social Come Socialize, Listen to Music, and Drink some Hot Chocolate 3:30 Linda Davidson Musical Performance (MPR)</p> <p>Spring Begins</p>	<p>10:00 Exercise 21 Noodle Exercise 11:00 Arts and Crafts Adult Coloring (All Day) A Day At The Legacy Spa Manicures and Hand Massages 3:00 Louise Payne Opera Musical Performance (MPR) Happy Birthday Gary T.!</p>	<p>10:00 Exercise 22 Walk and Talk 11:00 Let's Play! Bean Bag Toss 2:00 Earth Day Celebration (Come celebrate the Earth with fruit and vegetables, facts about our planet, games, and videos of the beautiful earth!) 6:30 Movie Night in the Cottage</p>	<p>10:00 Exercise 23 Workout Video 11:00 Saturday Fun Tissue Box Hockey 2:00 Saturday Craft Time Bracelet Making 6:30 Movie Night in the Cottage</p>
<p>11:00 LDS Sacrament Meeting 24 In the Cottage 2:00 Trivia Time! Name the Temple 3:00 Walking Club Walk around Legacy 4:00 Spiritual Thought and Reflection Come listen to a positive Sunday message</p>	<p>10:00 Exercise 25 Stretch and Balance 11:00 Name That Tune Guess what's playing! 11:30 Current Events Trip to the Puppy Barn for National Puppy Day 2:30 Sit and Dance with Becky 3:30 Dog Therapy 6:30 Movie Night in the Cottage</p>	<p>10:00 Exercise 26 Chair Aerobics 11:00 Riddle me This! Try and solve riddles together 2:00 Treat Run/ Scenic Drive Cupcakes/ Orem Neighborhoods 3:00 National Geographic Film 6:30 Movie Night in the Cottage</p>	<p>10:00 Exercise 27 Weight Lifting 11:00 Cook it Up! Rice Krispie Treat Carrot 2:30 Hot Chocolate Social Come Socialize, Listen to Music, and Drink some Hot Chocolate 6:30 Musical Performance by Darrell Fairbanks(MPR) Happy Birthday Bill B.!</p>	<p>10:00 Exercise 28 Noodle Exercise 11:00 Arts and Crafts Adult Coloring (All Day) A Day At The Legacy Spa Manicures and Hand Massages 3:00 Filling Easter Eggs (Come help us fill Easter eggs for the big hunt for your families this month!)</p>	<p>10:00 Exercise 29 Walk and Talk 11:00 Let's Play! Mini Golf 2:00 National Waffle Day! (Come get some delicious mini waffles and try new toppings!) 6:30 Movie Night in the Cottage</p>	<p>10:00 Exercise 30 Workout Video 11:00 Saturday Fun Balloon Volleyball 2:00 Saturday Craft Time Make Greeting Cards 6:30 Movie Night in the Cottage</p>
<p>11:00 LDS Sacrament Meeting 31 In the Cottage 2:00 Trivia Time! Name the Prophets 3:00 Walking Club Walk around Legacy 4:00 Spiritual Thought and Reflection Come listen to a positive Sunday message</p>						