

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2019

Assisted Living Calendar for Legacy Village of Provo

<p>10:00 Quail Ridge Branch LDS Sacramento Meeting 10:55 Quail Ridge Branch LDS Sunday School 2:00 Sunday Movie Matinee: "Victoria" Series 4:30 Super Bowl: New England Patriots vs. Los Angeles Rams 6:30 Movie Night</p> <p style="text-align: right;">3</p>	<p>9:15 Chair Aerobics 10:15 Scenic Drive (if weather permits) 10:30 Downton Abbey Series 1:00-2:00 Handy Work Club 2:00 Resident Council 3:00 Bingo 5-6:00 Annalise Drewes Harp Performance during dinner 6:30 Quail Ridge Branch FHE</p> <p style="text-align: right;">4</p>	<p>9:15 Group Exercises with Weights 10:00 Shopping Trip to Smith's 2:00 Bingo 3:00 Legacy Lounge (treats, drinks, and games) 6:30 Ron Hadley Musical Performance (A night of classics)</p> <p style="text-align: right;">5</p>	<p>9:15 Chair Aerobics 10:00 Family Study with Quail Ridge Branch Presidency 11:30 Lunch Bunch: Red Lobster 2:00 Scenic Drive and Treat Run to Crumbl Cookies 3:30 Valentine's Lipstick Art Craft 6:30 Elissa Westover Violin Performance</p> <p style="text-align: right;">6</p>	<p>Doctor's Appointments (Sign up by 2:00pm on Wednesday) 9:15 Group Exercises with Weights 10:00 Cooking Activity- Valentine Strawberry and Brownie Bite Kabobs 2:00 Bingo 3:00 Musical Performance by the Prima Mamas! 6:30 Movie Night</p> <p style="text-align: right;">7</p>	<p>9:10 Provo Temple Trip 9:15 Chair Aerobics 10:00-11:30 Manicures 2:00 Groundhog Day Celebration (Come prepare for the holiday with some fun snacks and trivia about groundhog day!) 3:30 Wheel of Fortune 6:30 Movie Night:</p> <p style="text-align: right;">1</p>	<p>9:15 Group Exercise with Weights 10:30 Bingo 2:00 Matinee Movie: "Groundhog Day" 3:30 Adult Coloring Therapy 6:30 Movie Night 6:30 - 8:00 Open House to Celebrate Betty Tanners 100th Birthday! Come enjoy a treat!</p> <p style="text-align: right;">2</p> <p style="text-align: center;"><i>Happy Birthday Betty Tanner!</i> Groundhog Day</p>
<p>10:00 Quail Ridge Branch LDS Sacramento Meeting 10:55 Quail Ridge Branch LDS Priesthood/Relief Society Services 2:00 Sunday Movie Matinee: "Victoria" Series 6:30 Movie Night</p> <p style="text-align: right;">10</p>	<p>9:15 Chair Aerobics 10:00 Daughters of Utah Pioneers Meeting 10:15 Scenic Drive (if weather permits) 10:30 Downton Abbey Series 1:00-2:00 Handy Work Club 2:00 Jeopardy with Evan Starr 4:00 Dog Therapy 5-6:00 Annalise Drewes Harp Performance during dinner 6:30 Movie Night</p> <p style="text-align: right;">11</p>	<p>9:15 Group Exercises with Weights 10:00 Shopping Trip to Walmart in Orem 2:00 Bingo 3:00 Legacy Lounge (treats, drinks, and games) 6:30 Movie Night</p> <p style="text-align: right;">12</p> <p style="text-align: center;"><small>Chinese New Year</small></p>	<p>9:15 Chair Aerobics 10:00 Family Study with Quail Ridge Branch Presidency 11:30 Lunch Bunch: Five Guys 2:00 Matinee Movie 6:30 Valentine's Dance with live music by the Mixed Nuts! <i>(There will be delicious snacks, amazing music, dancing, and a local YSA ward will be joining us!)</i> <i>Happy Birthday Neil Birch!</i></p> <p style="text-align: right;">13</p>	<p>Doctor's Appointments (Sign up by 2:00pm on Wednesday) 9:15 Group Exercises with Weights 10:00 Cooking Activity— Conversation Heart Pretzel Bites 2:00 Bingo 3:00 Hot Chocolate Social (Come enjoy some hot chocolate, play games, and socialize!) 6:30 Movie Night</p> <p style="text-align: right;">14</p> <p style="text-align: center;"><i>Happy Birthday Ewan Mitton!</i> <small>Valentine's Day</small></p>	<p>9:10 Provo Temple Trip 9:15 Chair Aerobics 10:00-11:30 Manicures 2:00 National Tortilla Chip Day (Come celebrate with chips and all your favorite dips: salsa, guacamole, and queso!) 3:30 Wheel of Fortune 6:30 Movie Night:</p> <p style="text-align: right;">8</p>	<p>9:15 Group Exercise with Weights 10:30 Bingo 2:00 Matinee Movie 3:30 Brain Games 6:30 Movie Night</p> <p style="text-align: right;">9</p>
<p>10:00 Quail Ridge Branch LDS Sacramento Meeting 10:55 Quail Ridge Branch LDS Priesthood/Relief Society Services 2:00 Sunday Movie Matinee: "Victoria" Series 6:30 Movie Night</p> <p style="text-align: right;">17</p> <p style="text-align: center;"><i>Happy Birthday Marva Watt!</i></p>	<p>9:15 Chair Aerobics 10:15 Scenic Drive (if weather permits) 10:30 Downton Abbey Series 1:00-2:00 Handy Work Club 2:00 Shopping Trip to University Mall 4:00 Basketball Shoot Out 5-6:00 Annalise Drewes Harp Performance during dinner 6:30 Branch FHE</p> <p style="text-align: right;">18</p> <p style="text-align: center;"><small>Presidents' Day (US)</small></p>	<p>9:15 Group Exercises with Weights 10:00 Shopping Trip to Harmons 2:00 Bingo 3:00 Resident Birthday Party at Legacy Lounge (cake, drinks, and games) 6:30 Love Songs Musical Performance by our very own Lance Merrill</p> <p style="text-align: right;">19</p>	<p>9:15 Chair Aerobics 10:00 Family Study with Quail Ridge Branch Presidency 11:30 Lunch Bunch: Café Rio 2:00 Scenic Drive and Treat Run with Dunford Donuts 3:30 Homemade Lip Balm Craft 6:30 Musical performance by the bottle band, "The Blowhards"</p> <p style="text-align: right;">20</p>	<p>Doctor's Appointments (Sign up by 2:00pm on Wednesday) 9:15 Group Exercises with Weights 10:00 Cooking Activity— Valentine Dipped Oreos 2:00 Bingo 3:00 Hot Chocolate Social (Come enjoy some hot chocolate, play games, and socialize!) 6:30 Movie Night</p> <p style="text-align: right;">21</p> <p style="text-align: center;"><i>Happy Birthday Sarah Baird!</i></p>	<p>9:10 Provo Temple Trip 9:15 Chair Aerobics 10:00-11:30 Manicures 2:00 Cameo Club Musical Performance 3:30 Wheel of Fortune 6:30 Movie Night:</p> <p style="text-align: right;">15</p>	<p>9:15 Group Exercise with Weights 10:30 Bingo 2:00 Matinee Movie 3:30 Adult Coloring Therapy 6:30 Movie Night</p> <p style="text-align: right;">16</p> <p style="text-align: center;"><i>Happy Birthday Ted Duffin!</i></p>
<p>10:00 Quail Ridge Branch LDS Sacramento Meeting 10:55 Quail Ridge Branch LDS Priesthood/Relief Society Services 2:00 Sunday Movie Matinee: "Victoria" Series 6:30 Movie Night</p> <p style="text-align: right;">24</p>	<p>9:15 Chair Aerobics 10:15 Scenic Drive (if weather permits) 10:30 Downton Abbey Series 1:00-2:00 Handy Work Club 2:00 Shopping Trip to Hobby Lobby 5-6:00 Annalise Drewes Harp Performance during dinner 6:30 Piano Performance by Susan Zeller</p> <p style="text-align: right;">25</p>	<p>9:15 Group Exercises with Weights 10:00 Shopping Trip to Lindon Walmart/Dollar Store 2:00 Bingo 3:00 Legacy Lounge (treats, drinks, and games) 6:30 Movie Night</p> <p style="text-align: right;">26</p>	<p>9:15 Chair Aerobics 10:00 Family Study with Quail Ridge Branch Presidency 11:30 Lunch Bunch: Chili's 2:00 National Floral Design Day (We'll provide the flowers and the vases, just come and explore your creative side making a floral arrangement for your room.) 6:30 Musical Performance by Darrell Fairbanks</p> <p style="text-align: right;">27</p>	<p>Doctor's Appointments (Sign up by 2:00pm on Wednesday) 9:15 Group Exercises with Weights 10:00 Cooking Activity- Fruit Pizzas 1:30 Fix-It Clinic with Jonathan from nu-motion 2:00 Bingo 3:00 Hot Chocolate Social (Come enjoy some hot chocolate, play games, and socialize!) 6:30 Movie Night</p> <p style="text-align: right;">28</p> <p style="text-align: center;"><i>Happy Birthday Adalene Matthews!</i></p>	<p>9:10 Provo Temple Trip 9:15 Chair Aerobics 10:00-11:30 Manicures 2:00 Cameo Club Musical Performance 3:30 Wheel of Fortune 6:30 Movie Night:</p> <p style="text-align: right;">22</p> <p style="text-align: center;"><i>Happy Birthday Sarah Baird!</i></p>	<p>9:15 Group Exercise with Weights 10:30 Bingo 2:00 Matinee Movie 3:30 Brain Games 6:30 Movie Night</p> <p style="text-align: right;">23</p> <p style="text-align: center;"><i>Happy Birthday Ted Duffin!</i></p>
<p>10:00 Quail Ridge Branch LDS Sacramento Meeting 10:55 Quail Ridge Branch LDS Priesthood/Relief Society Services 2:00 Sunday Movie Matinee: "Victoria" Series 6:30 Movie Night</p> <p style="text-align: right;">24</p>	<p>9:15 Chair Aerobics 10:15 Scenic Drive (if weather permits) 10:30 Downton Abbey Series 1:00-2:00 Handy Work Club 2:00 Shopping Trip to Hobby Lobby 5-6:00 Annalise Drewes Harp Performance during dinner 6:30 Piano Performance by Susan Zeller</p> <p style="text-align: right;">25</p>	<p>9:15 Group Exercises with Weights 10:00 Shopping Trip to Lindon Walmart/Dollar Store 2:00 Bingo 3:00 Legacy Lounge (treats, drinks, and games) 6:30 Movie Night</p> <p style="text-align: right;">26</p>	<p>9:15 Chair Aerobics 10:00 Family Study with Quail Ridge Branch Presidency 11:30 Lunch Bunch: Chili's 2:00 National Floral Design Day (We'll provide the flowers and the vases, just come and explore your creative side making a floral arrangement for your room.) 6:30 Musical Performance by Darrell Fairbanks</p> <p style="text-align: right;">27</p>	<p>Doctor's Appointments (Sign up by 2:00pm on Wednesday) 9:15 Group Exercises with Weights 10:00 Cooking Activity- Fruit Pizzas 1:30 Fix-It Clinic with Jonathan from nu-motion 2:00 Bingo 3:00 Hot Chocolate Social (Come enjoy some hot chocolate, play games, and socialize!) 6:30 Movie Night</p> <p style="text-align: right;">28</p> <p style="text-align: center;"><i>Happy Birthday Adalene Matthews!</i></p>	<p>9:10 Provo Temple Trip 9:15 Chair Aerobics 10:00-11:30 Manicures 2:00 Cameo Club Musical Performance 3:30 Wheel of Fortune 6:30 Movie Night:</p> <p style="text-align: right;">22</p> <p style="text-align: center;"><i>Happy Birthday Sarah Baird!</i></p>	<p>9:15 Group Exercise with Weights 10:30 Bingo 2:00 Matinee Movie 3:30 Brain Games 6:30 Movie Night</p> <p style="text-align: right;">23</p> <p style="text-align: center;"><i>Happy Birthday Ted Duffin!</i></p>



Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

February 2019

Memory Care Calendar for Legacy Village of Provo

<p style="text-align: right;">3</p> <p>11:00 LDS Sacrament Meeting In the Cottage 2:00 Trivia Time! Name the Prophets 3:00 Walking Club Walk around Legacy 4:30 Super Bowl Sunday! New England Patriots vs. Los Angeles Rams</p>	<p style="text-align: right;">4</p> <p>10:00 Exercise Stretch and Balance 11:00 Name That Tune <i>Guess what's playing!</i> 11:30 Current Events What in the world? 2:00 Movie and Popcorn At The Legacy Theater 6:30 Quail Ridge Branch FHE (MPR)</p>	<p style="text-align: right;">5</p> <p>10:00 Exercise Chair Aerobics 11:00 Treat Trivia Famous Landmarks 11:30 Lunch Bunch! Brick Oven Pizza 3:00 National Geographic Film 6:30 Movie Night in the Cottage</p> <p style="text-align: center;"><small>Chinese New Year</small></p>	<p style="text-align: right;">6</p> <p>10:00 Exercise Stretch and Balance 11:00 Craft Time! Make Valentine's Cards 2:30 Hot Chocolate Social <i>Come Socialize, Listen to Music, and Drink some Hot Chocolate</i> 6:30 Elissa Westover Violin Performance (MPR)</p>	<p style="text-align: right;">7</p> <p>10:00 Maypole Dancing with Local Preschool 11:00 Manicures 2:00 Musical Performance from the Prima Mamas 3:00 Manicures and Hand Massages</p>	<p style="text-align: right;">1</p> <p>10:00 Exercise Walk and Talk 11:00 Let's Play! Golf 2:00 Groundhog Day Celebration <i>(Come prepare for the holiday with some fun snacks and trivia about groundhog day!)</i></p>	<p style="text-align: right;">2</p> <p>10:00 Exercise Workout Video 11:00 Saturday Fun Balloon Volleyball 2:00 Saturday Craft Time Bracelet Making 6:30 Movie Night in the Cottage</p> <p style="text-align: center;"><small>Groundhog Day</small></p>
<p style="text-align: right;">10</p> <p>11:00 LDS Sacrament Meeting In the Cottage 2:00 Trivia Time! Name the Prophets 3:00 Walking Club Walk around Legacy 4:00 Spiritual Thought and Reflection Come listen to a positive Sunday message</p>	<p style="text-align: right;">11</p> <p>10:00 Exercise Stretch and Balance 11:00 Name That Tune <i>Guess what's playing!</i> 11:30 Current Events 2:30 Sit and Dance with Becky 3:30 Dog Therapy 6:30 Movie Night in the Cottage</p>	<p style="text-align: right;">12</p> <p>10:00 Exercise Chair Aerobics 11:00 Riddle me This! Try and solve riddles together 2:00 Treat Run/ Scenic Drive <i>Sodalicious Cookies/ Slate Canyon</i> 3:00 National Geographic Film 6:30 Movie Night in the Cottage</p>	<p style="text-align: right;">13</p> <p>10:00 Exercise Stretch and Balance 11:00 Craft Time! Valentines Adult Coloring 4:00 Valentine's Activity with Local Ward 6:30 Valentine's Dance with live music by the Mixed Nuts! <i>(There will be delicious snacks, amazing music, dancing, and a local YSA ward will be joining us!)</i></p> <p style="text-align: center;"><small>Valentine's Day</small></p>	<p style="text-align: right;">14</p> <p>10:00 Exercise Noodle Exercise 11:00 Valentine's Day Party! Come eat treats and visit with friends for Valentine's Day 2:00 A Day At The Legacy Spa Manicures and Hand Massages</p>	<p style="text-align: right;">15</p> <p>10:00 Exercise Walk and Talk 11:00 Let's Play! Bean Bag Toss 2:00 BINGO! 3:00 Game Time! UNO 6:30 Movie Night in the Cottage</p>	<p style="text-align: right;">16</p> <p>10:00 Exercise Workout Video 11:00 Saturday Fun Balloon Volleyball 2:00 Saturday Craft Time Make Greeting Cards 6:30 Movie Night in the Cottage</p>
<p style="text-align: right;">17</p> <p>11:00 LDS Sacrament Meeting In the Cottage 2:00 Trivia Time! Name the Prophets 3:00 Walking Club Walk around Legacy 4:00 Spiritual Thought and Reflection Come listen to a positive Sunday message</p>	<p style="text-align: right;">18</p> <p>10:00 Exercise Stretch and Balance 11:00 Name That Tune <i>Guess what's playing!</i> 11:30 Current Events What in the world? 2:00 Movie and Popcorn At The Legacy Theater 6:30 Quail Ridge Branch FHE (MPR)</p> <p style="text-align: center;"><small>Presidents' Day (US)</small></p>	<p style="text-align: right;">19</p> <p>10:00 Exercise Chair Aerobics 11:00 Treat Trivia Famous Landmarks 11:30 Lunch Bunch! J-Dawg's Hot Dogs 3:00 National Geographic Film 6:30 Movie Night in the Cottage</p>	<p style="text-align: right;">20</p> <p>10:00 Exercise Stretch and Balance 11:00 Craft Time! Paint Picture Frames 2:30 Hot Chocolate Social <i>Come Socialize, Listen to Music, and Drink some Hot Chocolate</i></p>	<p style="text-align: right;">21</p> <p>10:00 Exercise Noodle Exercise 11:00 Arts and Crafts Yarn Hearts (All Day) A Day At The Legacy Spa Manicures and Hand Massages</p>	<p style="text-align: right;">22</p> <p>10:00 Exercise Walk and Talk 11:00 Let's Play! Golf 2:00 National Tortilla Chip Day <i>(Come celebrate with chips and all your favorite dips: salsa, guacamole, and queso!)</i></p>	<p style="text-align: right;">23</p> <p>10:00 Exercise Workout Video 11:00 Saturday Fun Tissue Box Hockey 2:00 Saturday Craft Time Bracelet Making 6:30 Movie Night in the Cottage</p>
<p style="text-align: right;">24</p> <p>11:00 LDS Sacrament Meeting In the Cottage 2:00 Trivia Time! Name the Prophets 3:00 Walking Club Walk around Legacy 4:00 Spiritual Thought and Reflection Come listen to a positive Sunday message</p>	<p style="text-align: right;">25</p> <p>10:00 Exercise Stretch and Balance 11:00 Name That Tune <i>Guess what's playing!</i> 11:30 Current Events 2:30 Sit and Dance with Becky 3:30 Dog Therapy 6:30 Movie Night in the Cottage</p>	<p style="text-align: right;">26</p> <p>10:00 Exercise Chair Aerobics 11:00 Riddle me This! Try and solve riddles together 2:00 Treat Run/ Scenic Drive <i>BYU Creamery/ Payson Temple</i> 3:00 National Geographic Film 6:30 Movie Night in the Cottage</p>	<p style="text-align: right;">27</p> <p>9:15 Chair Aerobics 10:00 Family Study with Quail Ridge Branch Presidency 11:30 Lunch Bunch: Chili's 2:00 National Floral Design Day <i>(We'll provide the flowers and the vases, just come and explore your creative side making a floral arrangement for your room.)</i> 6:30 Musical Performance by Darrell Fairbanks</p>	<p style="text-align: right;">28</p> <p>10:00 Exercise Noodle Exercise 11:00 Arts and Crafts Adult Coloring Therapy (All Day) A Day At The Legacy Spa Manicures and Hand Massages</p>	 <p>LEGACY VILLAGE Provo</p>	