

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

# January 2019

## Assisted Living Calendar for Legacy Village of Provo

<p>10:00 Quail Ridge Branch LDS Sacrament Meeting 10:55 Quail Ridge Branch LDS Priesthood/Relief Society Services <b>2:00 Sunday Movie Matinee: "Victoria" Series</b> 6:30 Movie Night</p> <p><i>Happy Birthday Joann D.!</i></p>	<p>9:15 Chair Aerobics <b>10:15 Scenic Drive</b> (if weather permits) <b>10:30 Downton Abbey Series</b> 1:00-2:00 Handy Work Club <b>2:00 Resident Council</b> <b>3:00 Bingo</b> 5-6:00 Annali.se Drewes Harp Performance during dinner <b>6:30 Quail Ridge Branch FHE</b></p>	<p>New Year's Day</p>	<p>9:15 Chair Aerobics 10:00 Gospel Doctrine with Quail Ridge Branch Presidency <b>11:30 Lunch Bunch: Panda Express</b> <b>2:00 Treat Run to Shirley's Bakery</b> <b>3:30 Flannel Coasters Craft</b> 6:30 Movie Night</p>	<p>Doctor's Appointments (Sign up by 2:00pm on Wednesday) 7:30- 2:30 Vitals Clinic! <i>(come enjoy a snack and get your vitals taken)</i> 9:15 Group Exercises with Weights <b>10:00 Adult Coloring Therapy</b> 2:00 Bingo <b>3:30 Seated Yoga and Meditation with Lindsey Touchet</b> <i>(Come try this fun monthly class taught by Lindsey, who is a licensed yoga instructor!)</i> 6:30 Movie Night</p>	<p>9:10 Provo Temple Trip 9:15 Chair Aerobics 10:00-11:30 Manicures <b>2:00 National Popcorn Day</b> <i>(Come celebrate and try different flavors of popcorn with new toppings and more!)</i> 3:30 Wheel of Fortune 6:30 Movie Night:</p>	<p>9:15 Group Exercise with Weights <b>10:00 Cooking Activity—Polar Bear Reese's Pops</b> <b>2:00 Bingo</b> 6:30 Movie Night</p>
<p>10:00 Quail Ridge Branch LDS Sacrament Meeting 10:55 Quail Ridge Branch LDS Priesthood/Relief Society Services <b>2:00 Sunday Movie Matinee: "Victoria" Series</b> 6:30 Movie Night</p>	<p>9:15 Chair Aerobics <b>10:15 Scenic Drive</b> (if weather permits) <b>10:30 Downton Abbey Series</b> 1:00-2:00 Handy Work Club <b>2:30 Sit and Dance with Becky</b> <b>4:00 Dog Therapy</b> 5-6:00 Annalise Drewes Harp Performance during dinner 6:30 Movie Night</p>	<p>9:15 Group Exercises with Weights 10:00 Shopping Trip to Walmart in Orem 2:00 Bingo <b>3:00 Resident Birthday Party at Legacy Lounge (cake, drinks, and games)</b> 6:30 Movie Night</p>	<p>9:15 Chair Aerobics 10:00 Gospel Doctrine with Quail Ridge Branch Presidency <b>11:30 Lunch Bunch: Maria Bonita</b> <b>2:00 Trip to the Springville Art Museum</b> <b>6:30 Darrell Fairbanks Musical Performance with his band, "Legends"</b></p>	<p>Doctor's Appointments (Sign up by 2:00pm on Wednesday) 9:15 Group Exercises with Weights <b>10:00 Trivia Time</b> 2:00 Bingo <b>3:00 Hot Chocolate Social</b> <i>(Come enjoy some hot chocolate, play games, and socialize!)</i> <b>6:30 Piano Performance by Hannah Nielson</b> <i>Happy Birthday Kay T.!</i></p>	<p>9:10 Provo Temple Trip 9:15 Chair Aerobics 10:00-11:30 Manicures <b>2:00 National Cheese Lovers Day</b> <i>(Come join us to try all sorts of new cheeses paired with fruits, crackers, and so much more!)</i> 3:30 Wheel of Fortune 6:30 Movie Night:</p>	<p>9:15 Group Exercise with Weights <b>10:00 Cooking Activity—Winter Wonderland Snack Mix</b> <b>2:00 Bingo</b> 6:30 Movie Night</p>
<p>10:00 Quail Ridge Branch LDS Sacrament Meeting 10:55 Quail Ridge Branch LDS Priesthood/Relief Society Services <b>2:00 Sunday Movie Matinee: "Victoria" Series</b> 6:30 Movie Night</p>	<p>9:15 Chair Aerobics <b>10:15 Scenic Drive</b> (if weather permits) <b>10:30 Downton Abbey Series</b> 1:00-2:00 Handy Work Club <b>2:00 Shopping Trip to the University Mall</b> 4:00 Basketball Shoot Out 5-6:00 Annalise Drewes Harp Performance during dinner <b>6:30 Branch FHE</b></p> <p><small>Martin Luther King Day Tu B'Shevat</small></p>	<p>9:15 Group Exercises with Weights 10:00 Shopping Trip to Harmons 2:00 Bingo <b>3:00 Legacy Lounge (treats, drinks, and games)</b> 6:30 Movie Night</p>	<p>9:15 Chair Aerobics 10:00 Gospel Doctrine with Quail Ridge Branch Presidency <b>11:30 Lunch Bunch: Cracker Barrel</b> <b>2:00 Scenic Drive and Treat Run to Sodalicious</b> <b>3:30 Floral Design Class with Amy from Bloomique Flower Studio</b> <b>6:30 Musical Performance by JT Smith</b> <i>Happy Birthday Kent N.!</i></p>	<p>Doctor's Appointments (Sign up by 2:00pm on Wednesday) 9:15 Group Exercises with Weights <b>10:00 Adult Coloring Therapy</b> 2:00 Bingo <b>3:00 Hot Chocolate Social</b> <i>(Come enjoy some hot chocolate, play games, and socialize!)</i> 6:30 Movie Night</p>	<p>9:10 Provo Temple Trip 9:15 Chair Aerobics 10:00-11:30 Manicures <b>2:00 National Chocolate Cake Day</b> <i>(Come enjoy this classic dessert and mingle with friends!)</i> 3:30 Wheel of Fortune 6:30 Movie Night:</p>	<p>9:15 Group Exercise with Weights <b>10:00 Cooking Activity—Strawberry Cheesecake Cups</b> <b>2:00 Bingo</b> 6:30 Movie Night</p>
<p>10:00 Quail Ridge Branch LDS Sacrament Meeting 10:55 Quail Ridge Branch LDS Priesthood/Relief Society Services <b>2:00 Sunday Movie Matinee: "Victoria" Series</b> 6:30 Movie Night</p>	<p>9:15 Chair Aerobics <b>10:15 Scenic Drive</b> (if weather permits) <b>10:30 Downton Abbey Series</b> 1:00-2:00 Handy Work Club <b>2:00 Bowling at Miracle Bowl</b> 4:00 Bean Bag Toss Game 5-6:00 Annalise Drewes Harp Performance during dinner <b>6:30 American Rhythm Clogging Group Performance!</b> <i>(This group is directed by Alice Mann's Family!)</i></p> <p><small>Australia Day (observed)</small></p>	<p>9:15 Group Exercises with Weights 10:00 Shopping Trip to Lindon Walmart/Dollar Store 2:00 Bingo <b>3:00 Legacy Lounge (treats, drinks, and games)</b> 6:30 Movie Night</p>	<p>9:15 Chair Aerobics 10:00 Gospel Doctrine with Quail Ridge Branch Presidency <b>11:30 Lunch Bunch: Smashburger</b> <b>2:00 Treat Run to Baskin Robbins</b> <b>3:30 Heart Shaped Nail Board Craft</b> 6:30 Movie Night</p>	<p>Doctor's Appointments (Sign up by 2:00pm on Wednesday) 9:15 Group Exercises with Weights <b>10:00 Brain Games</b> 1:30 Fix-It Clinic with Jonathan from nu-motion 2:00 Bingo <b>3:00 Hot Chocolate Social</b> <i>(Come enjoy some hot chocolate, play games, and socialize!)</i> 6:30 Movie Night</p>	<div style="text-align: center;">  <p><b>LEGACY VILLAGE</b> Provo</p> </div>	

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2019

## Memory Care Calendar for Legacy Village of Provo

<p>10:00 LDS Sacrament Meeting 10:55 LDS Priesthood/Relief Society Services 2:00 Walk on Memory Lane <i>One-on-One Profile</i> 4:00 Trivia Time! Prophets 6:30 Movie Night in the Cottage</p>	<p>10:00 Exercise Chair Aerobics 11:00 Riddle me This! Try and solve riddles together 2:00 Treat Run/ Scenic Drive <i>Sodalicious Cookies / Provo Canyon</i> 3:00 National Geographic Film 6:30 Movie Night in the Cottage</p> <p>New Year's Day</p>	<p>10:00 Exercise Stretch and Balance 11:00 Craft Time! <b>Sock Snowman Craft</b> 2:30 Hot Chocolate Social <i>Come Socialize, Listen to Music, and Drink some Hot Chocolate</i></p> <p>Happy Birthday Jim Q.!</p>	<p>10:00 Exercise Noodle Exercise 11:00 Arts and Crafts <i>Adult Coloring Therapy</i> (All Day) A Day At The Legacy Spa Manicures and Hand Massages 3:30 Seated Yoga and Meditation with Lindsey Touchet</p>	<p>10:00 Exercise Walk and Talk 11:00 Let's Play! Golf 2:00 National Popcorn Day <i>(Come celebrate and try different flavors of popcorn with new toppings and more!)</i></p>	<p>10:00 Exercise Chair Aerobics 11:00 Saturday Fun <b>Balloon Volleyball</b> 2:00 Junk Drawer Detective Beauty Drawer 6:30 Movie Night in the Cottage</p>
<p>10:00 LDS Sacrament Meeting 10:55 LDS Priesthood/Relief Society Services 2:00 Walk on Memory Lane <i>One-on-One Profile</i> 4:00 Trivia Time! Prophets 6:30 Movie Night in the Cottage</p>	<p>10:00 Exercise Stretch and Balance 11:00 Name That Tune <i>Guess what's playing!</i> 11:30 Current Events What in the world? 2:00 Movie and Popcorn At The Legacy Theater 6:30 Quail Ridge Branch FHE (MPR)</p>	<p>10:00 Exercise Chair Aerobics 11:00 Treat Trivia Historic Events 11:30 Lunch Bunch! <b>Kneader's Cafe</b> 3:00 National Geographic Film 6:30 Movie Night in the Cottage</p>	<p>10:00 Exercise Stretch and Balance 11:00 Cook it up! <b>White Chocolate Peppermint Pretzel Sticks</b> 2:30 Cottage Birthday Party! <i>Come Celebrate all of the</i></p> <p>Happy Birthday Anne C.!</p>	<p>10:00 Exercise Noodle Exercise 11:00 Arts and Crafts <i>Yarn Hearts</i> (All Day) A Day At The Legacy Spa Manicures and Hand Massages 3:00 Louise Payne Musical Performance (MPR)</p>	<p>10:00 Exercise Walk and Talk 11:00 Let's Play! Tissue Hockey 2:00 BINGO! 3:00 Game Time! UNO 6:30 Movie Night in the Cottage</p>
<p>10:00 LDS Sacrament Meeting 10:55 LDS Priesthood/Relief Society Services 2:00 Walk on Memory Lane <i>One-on-One Profile</i> 4:00 Trivia Time! Prophets 6:30 Movie Night in the Cottage</p>	<p>10:00 Exercise Stretch and Balance 11:00 Name That Tune <i>Guess what's playing!</i> 11:30 Current Events What in the world? 1:45 Sit and Dance with Becky 3:30 Dog Therapy 6:30 Movie Night in the Cottage</p>	<p>10:00 Exercise Chair Aerobics 11:00 Riddle me This! Try and solve riddles together 2:00 Treat Run/ Scenic Drive <i>Krispy Kreme Donuts / Springville Reservoir</i> 3:00 National Geographic Film 6:30 Movie Night in the Cottage</p>	<p>10:00 Exercise Stretch and Balance 11:00 Craft Time! <b>Cardboard Polar Bear</b> 2:00 Trip to the Springville Art Museum</p>	<p>10:00 Exercise Noodle Exercise 11:00 Arts and Crafts <i>Adult Coloring Therapy</i> (All Day) A Day At The Legacy Spa Manicures and Hand Massages</p>	<p>10:00 Exercise Walk and Talk 11:00 Let's Play! Golf 2:00 National Cheese Lovers Day <i>(Come join us to try all sorts of new cheeses paired with fruits, crackers, and so much more!)</i> 6:30 Movie Night in the Cottage</p>
<p>10:00 LDS Sacrament Meeting 10:55 LDS Priesthood/Relief Society Services 2:00 Walk on Memory Lane <i>One-on-One Profile</i> 4:00 Trivia Time! Prophets 6:30 Movie Night in the Cottage</p>	<p>10:00 Exercise Stretch and Balance 11:00 Name That Tune <i>Guess what's playing!</i> 11:30 Current Events What in the world? 2:00 Movie and Popcorn At The Legacy Theater 6:30 Quail Ridge Branch FHE (MPR)</p> <p>Martin Luther King Day Tu B'Shevat</p>	<p>10:00 Exercise Chair Aerobics 11:00 Treat Trivia Historic Events 11:30 Lunch Bunch! <b>Wendy's Burgers and Fries</b> 3:00 National Geographic Film 6:30 Movie Night in the Cottage</p>	<p>10:00 Exercise Stretch and Balance 11:00 Cook it up! <b>Marshmallow Snowmen</b> 2:30 Hot Chocolate Social <i>Come Socialize, Listen to Music, and Drink some Hot Chocolate</i> 3:30 Floral Design Class with Amy from Bloomique Flower Studio</p>	<p>10:00 Exercise Noodle Exercise 11:00 Arts and Crafts <i>Yarn Hearts</i> (All Day) A Day At The Legacy Spa Manicures and Hand Massages</p>	<p>10:00 Exercise Walk and Talk 11:00 Let's Play! Golf 2:00 National Chocolate Cake Day <i>(Come enjoy this classic dessert and mingle with friends!)</i> 6:30 Movie Night in the Cottage</p>
<p>10:00 LDS Sacrament Meeting 10:55 LDS Priesthood/Relief Society Services 2:00 Walk on Memory Lane <i>One-on-One Profile</i> 4:00 Trivia Time! Prophets 6:30 Movie Night in the Cottage</p>	<p>10:00 Exercise Stretch and Balance 11:00 Name That Tune <i>Guess what's playing!</i> 11:30 Current Events What in the world? 2:00 Movie and Popcorn At The Legacy Theater 6:30 Quail Ridge Branch FHE (MPR)</p> <p>Australia Day (observed)</p>	<p>10:00 Exercise Chair Aerobics 11:00 Riddle me This! Try and solve riddles together 2:00 Treat Run/ Scenic Drive <i>Macy's Kong Kones / Mt. Timpanogos Temple</i> 3:00 National Geographic Film 6:30 Movie Night in the Cottage</p>	<p>10:00 Exercise Stretch and Balance 11:00 Cook it up! <b>Valentine's Hershey Kiss Mouse</b> 2:30 Hot Chocolate Social <i>Come Socialize, Listen to Music, and Drink some Hot Chocolate</i></p>	<p>10:00 Exercise Noodle Exercise 11:00 Arts and Crafts <i>Adult Coloring Therapy</i> (All Day) A Day At The Legacy Spa Manicures and Hand Massages</p>	